



SUGGESTED FOOD PANTRY ITEMS TO DONATE

Fats, Oils & Sweets

- Jelly and jam
- Honey
- Sugar
- Mayonnaise
- Vegetable oil
- Salad dressing
- Syrup

Milk, Yogurt & Cheese

- Infant formula
- Powdered milk
- Instant breakfast drinks
- Canned and boxed pudding

Meat, Poultry, Fish, Dry Beans & Nuts

- Canned Tuna/Chicken/Salmon **
- Canned Beef Stew **
- Soups **
- Canned or dried beans
- Canned Chili **
- Peanut Butter **
- Canned Nuts

Vegetables

- Canned Vegetables
- Canned Tomato products
- Baby Food Vegetables

Fruits

- Canned Fruit
- Raisins
- Applesauce
- Dried Fruits
- Baby Food Fruit
- Fruit Leather (100% fruit)
- Canned/Boxed/Bottled 100% Juice

Bread, Cereal, Rice & Pasta

- Rice and rice mixes
- Canned Pastas
- Noodle mixes
- Dry noodles and pastas **
- Macaroni and Cheese Mix **
- Cereal (dry or oatmeal)
- Infant Cereal
- Oatmeal
- Bread & Muffin Mixes
- Pancake Mix
- Whole-Grain Crackers/Saltines
- Granola Bars
- Graham Crackers
- Flour

Non-Food Items

- Laundry Detergent
- Dishwashing Liquid
- Shampoo/Conditioner
- Soap
- Toothbrushes/Toothpaste
- Deodorant
- Maxi Pads/Tampons
- Cleaners such as Pine Sol, Lysol, etc.

**** Most needed items**